



# FOOD BANK OF IOWA

2013 ANNUAL REPORT

A FOOD BANK OF IOWA NEWSLETTER

*Dear Friends,*

Hunger continues to be a reality in communities across our state. Each day, children, families and seniors are seeking food assistance and find themselves on the doorsteps of our partner agencies.

In Iowa:

- 1 in 8 Iowans are food insecure
- 1 in 5 Iowa children does not have enough to eat
- 395,620 Iowans live at or below the poverty line
- 155,233 different individuals are served each year through our partner agencies in 55 counties

As we reflect on the last fiscal year, we have been challenged to meet the demand. However, thanks to your continued support and generosity, we distributed 9,024,000 lbs. of food through our partner agencies and programs. We have said it before and we will say it again, we could not do what we do without you, our partner agencies, food donors, volunteers and advocates. Day after day, your dedication to our mission allows us to help more hungry Iowans.

We established additional delivery routes and launched mobile pantries. This farmers market style food distribution program delivered 38,000 lbs. of essential resources to hungry Iowans. The Backpack Program™ nearly doubled in size, serving 3,000 children at 60 locations in 14 counties.

The HUSH (Help Us Stop Hunger) program provided more than 220,000 pounds of ground venison to food banks and pantries across the state. Finally, 754,035 lbs. of fresh produce was distributed as a result of the Fresh Produce Program.

Last year, 860 volunteers donated 4,096 hours of their time sorting food donations, packing sacks for the Backpack Program™, participating in special events, gleaning fresh produce and assisting with administrative projects. We participated in the national Hunger in America 2014 study, the largest study of charitable food assistance in America which will enable us to better understand the needs in our communities and how we can work to meet them.

With recent cuts to SNAP benefits and the daily struggles many Iowans are experiencing, we are aware that new challenges lie ahead. With your continued generosity and belief that no child, family or senior should go hungry, we will reach our vision of a hunger free Iowa.

On behalf of those we serve, thank you.

*Carey L. Miller*

Carey L. Miller  
Executive Director

**9,024,000**  
pounds of food distributed

Serving  
**55**  
counties

**155,233**  
different individuals  
helped this year

**860** volunteers donated  
**4,096** hours of their time



## Vision

A hunger free Iowa.

## Mission

Alleviating hunger through food distribution, partnership and education.







## The voices of hunger

*"We are on a fixed income and sometimes do not have enough money for food. The food we receive means we eat rather than going without. All I would like to say is thank you and God bless."*

– A client served through a partner agency

*"Receiving food from the pantry has made the difference between going hungry and having a meal. I don't know how else I could make ends meet. No one deserves to go without just because life has thrown them unforeseen challenges."*

– A client served through a partner agency

*"Without the Food Bank of Iowa, my family would not have enough food. Hunger is not fun, especially when your kids are crying because they're hungry."*

– A client served through a partner agency

*A food pantry client was standing in line receiving meat that was being distributed. With tears running down her face in an almost uncontrollable manner she explained "I have not had any meat on my table for 3 months." This client was employed full time but medical bills and other financial responsibilities made it impossible to afford the meat she desperately needed.*

– A pastor who oversees a partner agency





## Acres of fresh produce flourish in Newton

Twelve acres of dedicated garden space at the men's correctional facility in Newton was planted with fresh produce to help hungry lowans. As a result, an additional 100,000 lbs. of produce was distributed to help seniors, families and children.



## New program helps more families in need



Last spring, the Food Bank of Iowa stocked their trucks full of food and headed to four counties to launch a new program to help hungry families, Mobile Pantries.

This farmers market style distribution provides an additional access point to rural communities where they do not have access to essential food resources. On the day of distribution, the Food Bank delivers the food and volunteers unload, set up, and distribute it to those in need.

The program is currently operating in Bedford, Casey, Iowa Falls and Stanhope and has distributed more than 38,000 lbs. of food to 2,177 individuals (751 households).







## BackPack Program™ serves more children than ever before

No child should have to wonder where their next meal will come from. Today, 1 in 5 Iowa children does not get enough to eat. The BackPack Program™ is designed to lessen the consequences of childhood hunger by providing a sack of child friendly, easy-to-prepare food items for weekends. Launched in 2006, the Food Bank has expanded the program from 24 students to serving 3,000 children each week. New programs coming on in 2012-13 will increase that number to 3,750 children.

### How the BackPack Program™ is making a difference

*"The first weekend sacks of food went home through the BackPack Program™, the kids were ELATED! Yesterday when I came to school, five of my 'frequent flyers' who come to see me with headaches or tummy aches every Monday morning never came. All of them were part of the program."*

– BackPack Program™ site school nurse

*"I wish I could put into words what I saw ... it is a pale sullen face coming to school each Monday changed into a smiling face with a sparkling eye. Literally, this program is giving a child 'Hope!'"*

– BackPack Program™ site school nurse

## HUSH celebrates 10 years helping hungry Iowans



2013 marked the 10th anniversary of HUSH (Help Us Stop Hunger), a one-of-a-kind program that allows hunters to donate their legally-harvested deer to help hungry Iowans.

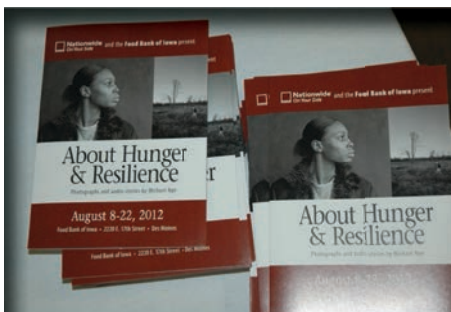
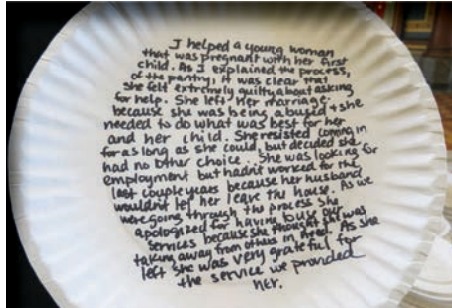
HUSH is a cooperative effort among the Iowa DNR, Food Bank of Iowa, deer hunters and meat lockers that

provides high-quality protein in the form of pure ground venison. Processors across the state accept the meat from hunters and distribute it through food banks and their partner agencies.

As a result, 2,037,682 lbs. of ground venison has been distributed to help individuals in need.



# A YEAR IN REVIEW

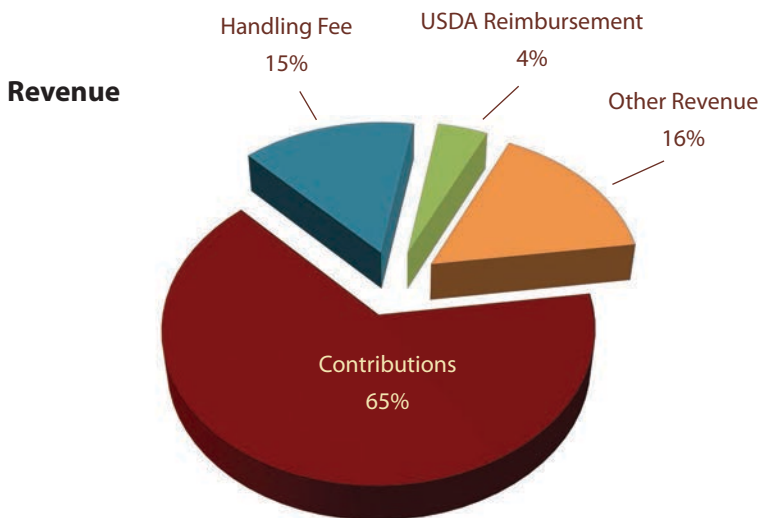


# FINANCIAL REPORT

FYE June 30, 2013

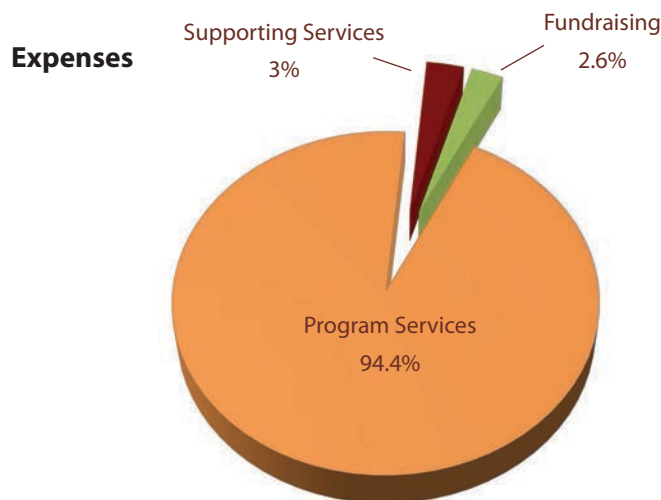
## Revenue

Contributions	\$1,853,421
Handling Fee	\$417,728
USDA Reimbursement	\$119,751
Other Revenue	\$452,029
<b>Total</b>	<b>2,842,929</b>



## Expenses

Program Services	\$2,145,434
Supporting Services	\$70,531
Fundraising	\$60,811
<b>Total</b>	<b>\$2,276,776</b>



## Assets

Cash and CDs	\$3,253,650
Inventory	\$456,479
Accounts Receivable	\$30,465
Prepaid Expenses	\$16,315
Accrued Interest Receivable	\$1,057
Land, Building and Equipment (Net of Accumulated Depreciation)	\$1,391,639
<b>TOTAL</b>	<b>\$5,149,605</b>

## Liabilities and Net Assets

### Liabilities

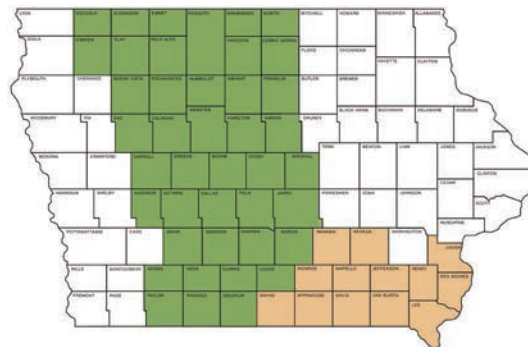
Accounts Payable	\$362,080
Accrued Wages and Related Taxes Payable	\$61,082
<b>Total Liabilities</b>	<b>\$423,162</b>

### Net Assets

Unrestricted	\$3,876,149
Temporarily Restricted	\$850,294
<b>Total Net Assets</b>	<b>\$4,726,443</b>

**Total Liabilities and Net Assets** \$5,149,605

## Food Bank of Iowa Service Area



Counties served through our Des Moines distribution center

Counties served through our redistribution organization





**FOODBANK  
OF IOWA**  
2220 E. 17th Street,  
Des Moines, IA 50316  
Phone Number: 515-564-0330  
[www.foodbankiowa.org](http://www.foodbankiowa.org)

A member of **FEEDING  
AMERICA**



# BOARD

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Sapienza Analytica, LLC

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Community at Large

Monte Wiese  
Hy-Vee

**Honorarium Members**  
L. Rex Burns – 1919-2001  
Simon Casady – 1915-2006

# STAFF

Carey L. Miller – Executive Director  
Sarah Bonefas – Development Manager  
Nathan Crozier – Food Sourcing Specialist  
Amber Diehm Heuer – Volunteer Coordinator  
Dave Dunagan – Warehouse Manager  
Trish O'Brien-Edwards – AmeriCorp VISTA  
Tony Ford – Warehouseman/Driver  
Bruce Jones – Warehouseman  
Carlos Medina – Warehouseman/Driver  
Stacey Olson – Program Coordinator  
Patti Phipps – Business Manager  
Lindsay Pingel – Communications Manager  
Lexi Prigge – Agency Relations Coordinator  
Jeremy Reha – Warehouseman/Driver  
Barney Russell – Warehouseman  
Laura Sheriff – Administrative Assistant  
Matt Unger – Program Manager

# SAVE THE

# DATE

## Star 102.5's Combat Hunger Food Drive

Nov. 21-22

12th and Locust Street, Des Moines  
[www.foodbankiowa.org](http://www.foodbankiowa.org)



## Des Moines Home and Garden Show

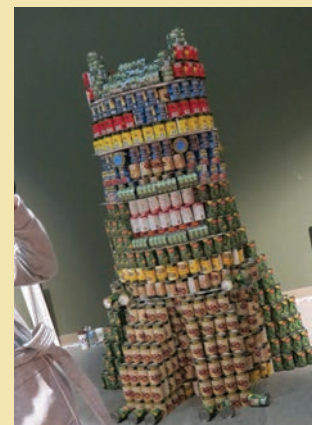
Feb. 6-9

Iowa Events Center, Des Moines  
[www.desmoineshomeandgardenshow.com](http://www.desmoineshomeandgardenshow.com)

## Canstruction

Spring 2014

Des Moines  
More details to come.  
[www.canstruction.org](http://www.canstruction.org)



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to make a onetime  
donation today.

[www.foodbankiowa.org](http://www.foodbankiowa.org)