



FOOD BANK OF IOWA

2015 ANNUAL REPORT

A FOOD BANK OF IOWA NEWSLETTER

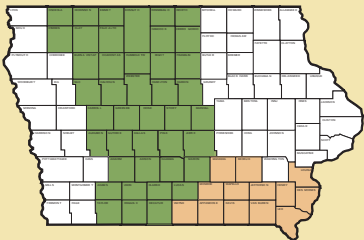
Mission

Alleviating hunger through food distribution, partnership and education.

Vision

A hunger free Iowa.

Our service area



The Food Bank of Iowa distributes to 488 partner agencies in 55 counties.

Our team

A dedicated staff of 18—plus one AmeriCorps VISTA volunteer—manages the distribution of more than 11 million pounds of food each year.

MEMBER OF
FEEDING AMERICA



Gen McCleary

VISTA program strengthens our team

Gen McCleary is a full member of the Food Bank of Iowa team. She has projects and deadlines, a reporting structure and regular office hours. The only way, in fact, that Gen differs from her teammates is that the Food Bank does not pay her. Gen is wrapping up her time as a VISTA, a Volunteer In Service To America, dedicated to helping American non-profits like the Food Bank do their vital work.

"I can't explain why I care, but I do. I feel it," Gen says. "This is important to me because I believe in people and I care that they have a chance to succeed; or on an even more basic level, survive."

VISTA celebrates its 50th anniversary this year, fulfilling an idea first laid out by President John F. Kennedy. Intended to be a sort of Peace Corps for the United States, VISTA focuses on issues surrounding poverty. VISTAs work for nonprofits, fulfilling professional roles at no cost to the organization. Their work is invaluable, both to the organization and the individual.



"It's worthwhile because it's challenging," Gen says. "You're thrown into a situation where you need to catch on quickly, either begin or continue a project, and prove that you're making an impact. It teaches you to be flexible in more than one way."

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VISTA program strengthens our team

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Gen is responsible for the Food Bank of Iowa's outreach and education, spearheading our Food For Thought and Hunger 101 programs. Food For Thought takes conversations about food insecurity and hunger into Iowa communities, and has led to at least 10 new partnerships across the state. Hunger 101 is an interactive curriculum designed to educate Iowans about the specific hunger issues facing our state.

Each year, more than 8,000 VISTAs work on poverty issues, and many of those—just like Gen—zero in on hunger and food insecurity. VISTAs fight hunger across the nation, including right here in Iowa. Each VISTA team member leaves a lasting impact, but one has turned her temporary assignment with the Food Bank of Iowa into a permanent vocation.

Two years ago, Trish O'Brien-Edwards joined the Food Bank team as a VISTA. Today, Trish is a full-fledged, full-time program coordinator, organizing programs like mobile pantries and HUSH (Help Us Stop Hunger). Her background as a VISTA guided her toward the work she does today.



The Regional Food Bank of Oklahoma
VISTAs at work



U.S. Department of Agriculture
VISTAs working in the DC Central Kitchen's Truck Farm



Trish O'Brien-Edwards

"I was able to see some of the impact I had helped create when I went to mobile pantries and the produce stand," Trish says. "I witnessed how clients were helped by the Food Bank's programs, and I wanted to continue being a part of that."

With VISTAs like Gen and Trish, it begins and ends with service—service to nonprofits like the Food Bank of Iowa, to the communities they live in, to people in need.

Note From Our Director

Dear Friends,

Another year of service for the Food Bank of Iowa has come to a close and we are proud to share the results and stories with you. During the past year, the Food Bank of Iowa distributed over 11 million pounds of food through its direct service programs and network of 488 partner agencies; established its first ever summer feeding program, which provided 4,047 lunches to children over a 10-week period; expanded direct service programs to serve 5,000 children through the Backpack Program™; conducted 34 mobile pantry distributions; began 10 school pantries; and distributed nearly 43,000 pounds of fresh produce through pop-up produce stands.

Challenges and changes are on the horizon for the Food Bank of Iowa. Deer hunters will be challenged as the deer population begins to stabilize, leading to less ground venison available through the HUSH program. Congress has passed a continuing resolution which keeps SNAP benefits available through December, but any time there is a shutdown or potential shutdown, our partner agencies and direct service programs see a significant increase in client visits. Carey Miller, executive director and longtime staff member, announced her retirement in September. Her leadership over the past three decades has been integral to the growth of the Food Bank and its ability to accomplish its mission. The board of directors has begun the search process for a new executive director, and I am confident that our staff will continue to serve the people of Iowa as effectively and efficiently as ever.

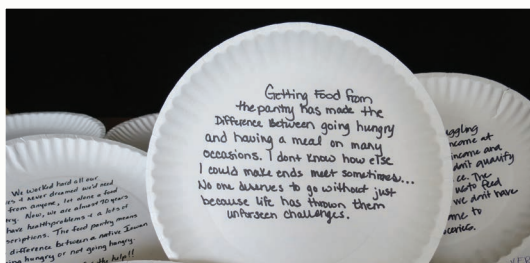
We are ready to face these challenges and changes as we stay focused on our mission of alleviating hunger through food distribution, partnership and education. We are able to do this because of the unyielding support of our donors, volunteers and community partners. Your gifts of time, treasure and talent allow us to do what we do best: provide food to those most in need, where it is most needed.

Together, we can solve hunger,

Sarah Bonefas

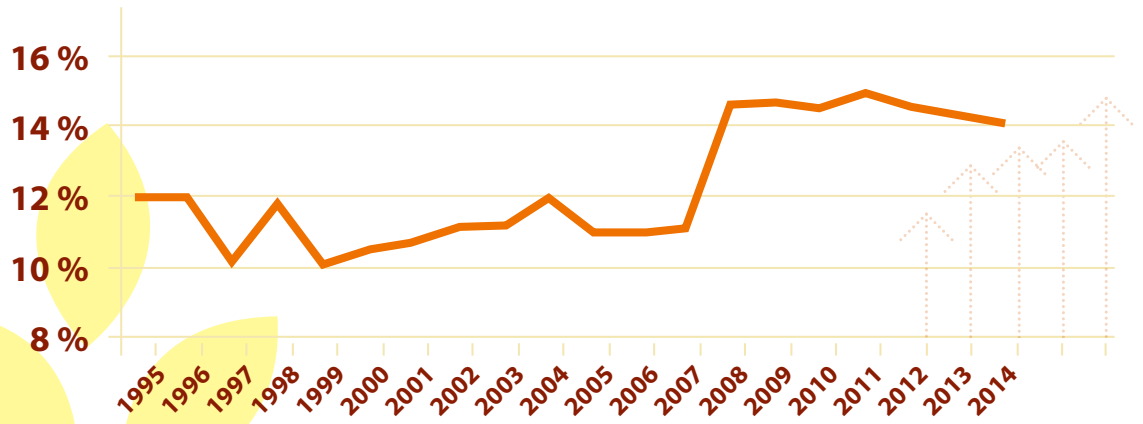
Sarah Bonefas
Interim Executive Director

www.foodbankiowa.org



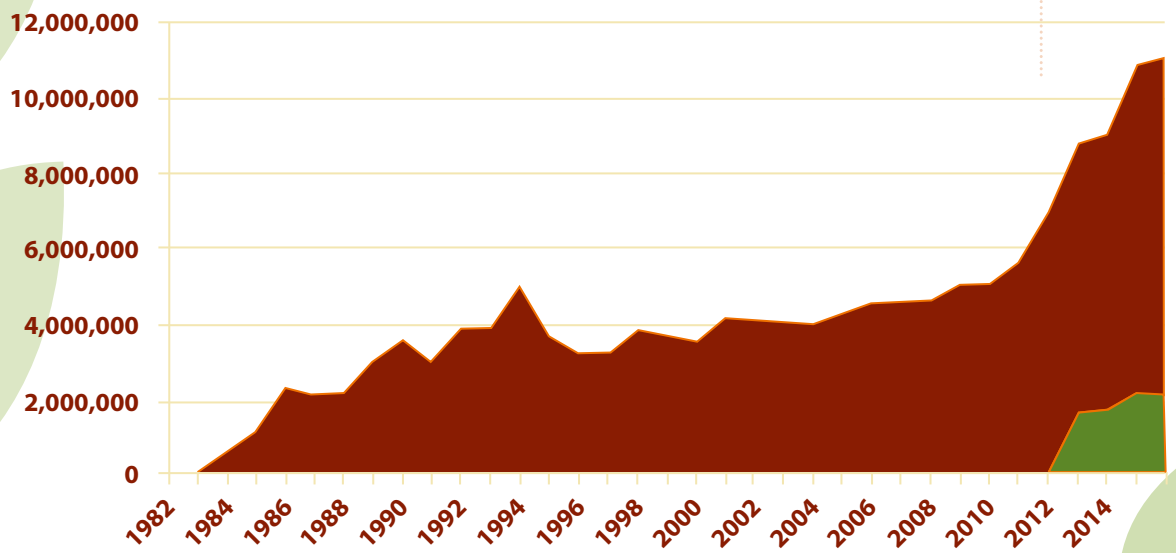
Trends in Hunger

FOOD INSECURITY 1995-2014



SOURCE: U.S. DEPARTMENT OF AGRICULTURE

POUNDS OF FOOD DISTRIBUTED BY FOOD BANK OF IOWA



SOURCE: FOOD BANK OF IOWA

HARD CHOICES SOURCE: FOOD BANK OF IOWA



- **3 of 5** clients have to choose between paying for food or medical care
- **3 of 5** clients have to choose between paying for food or utilities
- **Half** of clients have to choose between paying for food or housing



Year in Review



FRESH PRODUCE

1,217,583 pounds distributed, an increase of almost 50% from FY2014. Includes potatoes, cabbage, carrots, squash, cucumbers, onions, melons, tomatoes, and more.



BACKPACK™

More than 5,000 children are served each week through 139 participating schools in 31 counties. A total of 139,540 sacks of food were distributed in FY2015.



HUSH

138,000 pounds of ground venison were harvested and distributed.



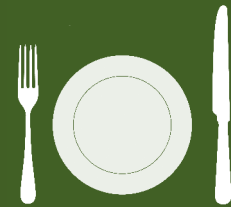
MOBILE PANTRIES

34 distributions
138,217 pounds of food
9,204 individuals.



COUNTIES SERVED

42 counties served directly;
13 through redistribution from
Food Bank of Southern Iowa.



DISTRIBUTION

11,059,360 pounds of donated
grocery products and USDA foods
provided to hungry Iowans.



VOLUNTEERS

972 volunteers donated nearly
4,000 hours of their time.



RETAIL PICK-UPS

2,007,374 pounds donated by
stores like Wal-Mart and Target.



FOOD FOR THOUGHT

These community conversations about food
insecurity have directly increased the number
of partners in targeted counties by 56%.

2015 Annual Report

Financial Report

Statement of Activities for the year ended June 30, 2015

Revenue

| | |
|----------------------------|---------------------|
| Contributions | \$1,992,465 |
| Agency Revenue | \$588,821 |
| Food & Commodity Donations | \$8,927,302 |
| Other Revenue | \$565,080 |
| Total | \$12,073,668 |

Expenses

| | |
|-------------------------|---------------------|
| Program Services | \$11,676,313 |
| Administrative Services | \$113,445 |
| Fundraising | \$283,910 |
| Total | \$12,073,668 |

Statement of Financial Position June 30, 2015

Assets

| | |
|---|--------------------|
| Cash and Investments | \$3,463,255 |
| Accounts Receivable | \$49,754 |
| Prepaid Expenses & Other Assets | \$49,721 |
| Inventory | \$306,130 |
| Land, Building & Equipment (Net of Accumulated Depreciation) | \$1,250,417 |
| Total | \$5,119,277 |

Liabilities & Net Assets

Liabilities

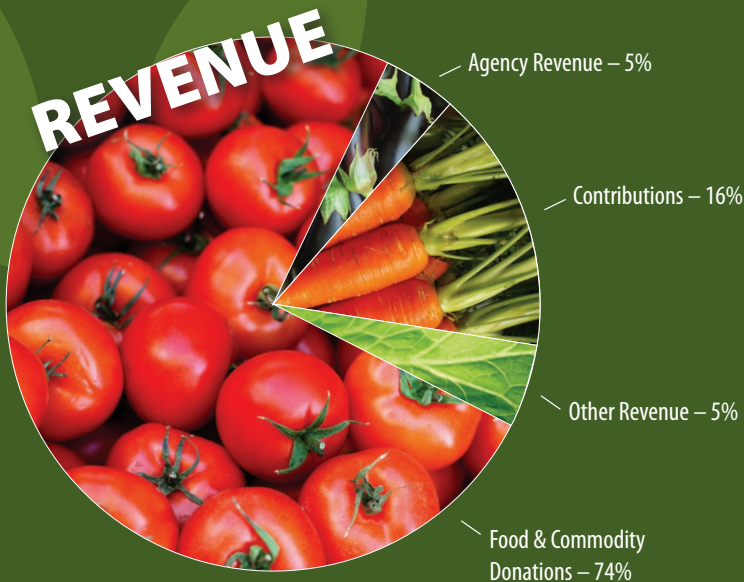
| | |
|---------------------------------------|------------------|
| Accounts Payable | \$129,765 |
| Accrued Wages & Related Taxes Payable | \$42,651 |
| Total | \$172,416 |

Net Assets

| | |
|------------------------|--------------------|
| Unrestricted | \$4,401,509 |
| Temporarily Restricted | \$545,352 |
| Total | \$4,946,861 |

Total Liabilities & Net Assets

\$5,119,277



Financial information does not include the Food Bank of Southern Iowa

Ramping up direct service

Iowa communities team up with mobile pantries



Ending hunger in our home state is an all-hands-on-deck effort, and 13 communities throughout Iowa have stepped up to help their neighbors in need through the Food Bank of Iowa's mobile pantry program. Community groups such as Rotary clubs and churches have provided their time, talent, and energy to increase the availability of nourishing food to hungry members of their community.

"There's a big need, and I don't think as a community we realized just what the need is," says Kent Dunwoody, coordinator of the mobile pantry site in Spencer. "We started out serving 115 families, and at the last mobile pantry we served 187. Next time, I'll probably shoot for 225 families."

As frequently as once a month, the Food Bank of Iowa delivers truckloads of food to communities from Spencer to Chariton, Belmond to Leon. Inspired by Iowa's ubiquitous farmers markets, an on-site team of volunteers and partners sets up at each site, distributing much-needed food to their neighbors. Every delivery includes staples like fruits and vegetables, covering every meal from breakfast through dinner.



As demand for the mobile pantries has increased, communities have responded. The program has increased its frequency in Northwood and Chariton from quarterly to once every two months.

"We know Worth County is heavily food insecure, and we were looking for a new opportunity to help," says Terri Sculley, coordinator of the Northwood mobile pantry. "We increased it to every other month because people were asking for it—we thought we could help more people."

Special programs connect with children in need



As students returned to school following the summer break, the Food Bank of Iowa was prepared to help feed them through three direct service programs: school pantries, the Backpack Program™, and new emergency boxes.

"We learned that kids were sharing their Backpack™ sacks with the whole family, so we started looking for a solution," says Kate Pauly, child & youth program coordinator for the Food Bank.

The new emergency box program extends coverage to students and their families in schools that do not host a school pantry. Whereas the Backpack™ program provides foods targeted to kids in kindergarten through 6th grade, the emergency boxes include food geared toward the whole family, and more of it.

School pantries are designed to provide efficient distribution of food to students who are too old for the Backpack Program™. Located in middle schools and high schools, school pantries provide convenient access to food for the whole family.

"We learned that kids were sharing their Backpack™ sacks with the whole family, so we started looking for a solution."

Last fiscal year, nine school pantries distributed more than 56,000 lbs. of food to more than 1,400 households. Nevada Middle School is the most recent addition to the school pantry program.

"There are so many struggles for kids, we knew that if we could help fill this niche, we'd be helping the kids to feel healthy and happy and to do well in school," says Elizabeth Gint, school pantry coordinator at Nevada Middle School. "We had great support from the Food Bank of Iowa, and our district was very supportive, too. We've already seen a lot of openness with families and students coming in and letting us know when they're in need – it's really helping break down those barriers."



Holiday Gifts Keep On Giving

Every gift you make to the Food Bank of Iowa during the holidays is a gift that keeps on giving. For every dollar the Food Bank receives, we are able to provide four meals to children, seniors, and families in need. Just \$100 can feed a family of four for more than a month. The Food Bank of Iowa is dedicated to ending hunger in Iowa, and your gift makes our work possible.

Walking the talk

“The teachers are seeing the impact of our school pantry in their classrooms,” says Lyn Marchant, coordinator of the school pantry at Scavo High School in Des Moines. “Their students are coming into the classroom ready to learn; they’re not worrying about where they’re going to find a meal.”

Did you know that you can start your own school pantry? Talk to your school principal to get started.



FOOD BANK OF IOWA

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2015-16 BOARD