

# Hunger is a big problem. Together, we can solve it.



**FOODBANK**  
OF IOWA

## T-Shirt Tote Bags

1. Turn T-Shirt inside out and pin bottom of the T-Shirt along the hem. Using a sewing machine, sew bottom of T-Shirt closed. These bags will be holding up to 30 pounds, so a reinforced seam is very important. Flip shirt right side out and lay flat on table, making sure all seams are lined up.
2. Place medium size bowl about half-way over the neck hole. Using a water-erasable marking pen, trace along the edge of the bowl. Cut along the outline, making sure to go through the front and back sides of the shirt, in order to create an opening for the bag that's larger than what the neck hole allows.
3. Line up the hems on the front and back side of the sleeve and cut, making sure to go through both sides of the shirt. Repeat on the other sleeve.
4. Wash the T-shirt bag(s) in hot water with detergent and drop them off at one of our facilities during business hours.

## The Impact You Will Make

As Food Bank of Iowa mobilizes to meet the increased need for food, we are in need of bags to support the mobile pantries and school distributions that have adapted via drive thru models.

**Drive Thru Mobile Pantries** are popping up in response to lost wages, SNAP cuts, and increased need for food across our 55 county service area. Bags are needed to prepack this food to keep volunteers safe as they meet this need!

**Instagram:** @FoodBankIowa

**Facebook:** facebook.com/foodbankiowa

**Contact:** Michaela Devaney Lowe, Senior Volunteer Training and Development Manager;  
mdevaneylowe@foodbankiowa.org



### HOW TO CREATE THE BAGS:

*Supplies to be procured by volunteer(s):*

- **Heavyweight Cotton T-Shirts**
- **Scissors and pen**
- **Sewing Machine**
- **Medium Size Bowl**

### WHERE TO CREAT THE BAGS:

This is a mobile project that can be done wherever a willing volunteer is!

### DELIVER THE BAGS:

2220 E. 17th St., Des Moines, IA 50316  
705 W. Main St., Ottumwa, IA 52501  
Monday-Thursday = 7:30am - 4:30pm  
Friday = 7:30am - 2:00pm

### PROMOTE YOUR WORK:

Tag us on social media with your photos!

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Food Bank of Iowa serves 55 Iowa counties and has over 900 partners and programs. Partner agencies include food pantries, soup kitchens, domestic violence shelters, residential facilities, etc. We function as a warehouse and distribution center.

For more information about Food Bank of Iowa, visit [www.foodbankiowa.org](http://www.foodbankiowa.org)